



Annual Health Fair



THEME: SELF-CARE

JUNE 1, 2024

8:30 AM TO 1:30 PM

Speakers

Dr. Ibrahim Usman-Oyewo

Topic: Preventing Falls,
Injuries, & Pain

Dr. Charlene Blache

Topic: Preventing &
Treating Obesity

KIDS ZONE

Bounce House & More ...

Health Care Product Give-away

Screenings

8:30 - 11:30 am




Cholesterol - Blood Sugar Screenings

Optometrist Screenings

Blood Pressure Screening

Pre-registration begins on Wednesday, May 1st!

The Benefits of Pre-registration include:

-  Early Seating for Screenings
-  Guaranteed Participant Bag
-  Guaranteed FREE Boxed-Lunch

There will be a sign-up  list on the Wellness Ministry Board beside the kitchen.